



clergy care at a glance

Purpose:

Promote awareness, encourage, enable and educate clergy to assume personal responsibility for their physical, emotional and spiritual health.

Sponsorship and Administration

Clergy Care is sponsored by the Board of Ordained Ministry and Board of Pensions. The program is funded jointly by a grant from Methodist Health Care Ministries and the Board of Pensions. Administration is conducted by the SWTX Clergy Care Team integrating the health care resources of *Fiserv Health Care Management*, *Interface EAP* and *LabOne*.

Eligibility:

All full-time clergy appointed to a local church and conference staff in the Southwest Texas Conference. Participants must be enrolled in the conference Health Plan. Spouses who are covered under the conference health plan may also participate in the program. The incentive program is only available to clergy.

Four Components:

1. Health Risk Assessment / September 7 – October 19.
2. Lab Screening / September 7 – October 19.
3. Wellness Conversation / February 1 - December 31.
4. Physical Exam by personal physician in conference health benefit plan / January 1 - December 31.

Important Dates:

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| February 1 | Clergy Care Launch |
| September 7 – October 19 | Health Risk Assessment & Lab Screening |
| December 31 | Component Completion for 2007 |

Incentives through December 31, 2007:

\$20 for each completed component. (Total \$80)
\$160 stipend for personal retreat after completion of all four components
\$200 health insurance premium rebate to your church after completion of all four components.

Continued Care:

Ongoing care from Fiserv health and wellness and disease management program will include wellness tools, lifestyle coaching for those that have been identified as high risk for developing a chronic disease and management for those clergy who are living with chronic disease. Lifestyle counseling is offered as an option for clergy benefit, but is not mandatory.